HKUGA COLLEGE

Lunch Menu Dec 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
		1/12	2/12	3/12	4/12
Meal A		蘑菇汁豬柳意粉 Mushroom Sauce & Pork Loin w/Speghetti	意式魚柳拌焗薯粒 Pan-fried Fish Fillet in Italian Sauce w/Roasted Potato Cubes	粟米牛肉粒長通粉 Diced Beef in Sweet Corn Sauce w/Penne	法式燉雞飯 Chicken Casserole w/Rice
Meal B		薯仔炆雞球飯 Braised Chicken & Potato w/Rice	南瓜炆肉片飯 Braised Sliced Pork & Pumpkin w/Rice	咕嚕魚塊飯 Sweet & Sour Fish Fillet w/Rice	菜心炒牛肉飯 Stir-fried Beef with Choy Sum w/Rice
Meal C		素芙蓉煎蛋飯 Vegetarian Fu Yung Omelette	山根蘿蔔豆卜飯 Braised Radish & Tofu Puff w/Rice	w/Rice日式雜菜炒烏冬 Japanese Fried Udon w/Assorted Vegetables	素肉醬燴意粉 Spaghetti with Vegetarian Bolognese Sauce
Meal D		珍寶蔥油斯華力腸牛扒飯 Scallion w/Jumbo Cervelat Sausage & Steak w/Rice	芝士焗香草鴨胸意粉 Cheese Baked Spaghetti w/Herbs Duck Breast	蘑菇汁牛扒配薯仔沙律 Mushroom Sauce Beef Steak w/Potato Salad	韓式炙燒芝士雞柳拌飯 Korean Grilled Chicken & Cheese Bibimbap
Meal E		巴提雅燒雞扒湯米線 Soup Noodle w/Pattaya Style Grill Chicken Steak	鮮蝦雲吞魚腐湯河粉 Soup Noodle w/Shrimp Wonton & Fish Balls	五香肉丁厚餐肉撈麵 Tossed Noodles w/ Thick-cut Luncheon Meat & Spicy Diced Pork	吉列豬扒讚岐湯烏冬 Udon in Soup w/Fried Pork Chop

Go! Eat as much as you want. (適宜) Slow! "Sometimes Food! " (限量) Whoa! Once in a while.(少量)
Highlighted in respective colour on the Hot Meal choice
*Meal D & Meal E will be available at the Tuck Shop during Lunchtime Only
(D&E 餐只在午餐時段小食部供應)

Dairy Alert (含奶類) | Egg Alert (含蛋類) | Seafood Alert (含海鮮類)
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Asia Pacific Catering

HKUGA COLLEGE

Lunch Menu Dec 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	7/12	8/12	9/12	10/12	11/12
Meal A	意式彩椒牛柳絲扁意粉 Italian Sauce Shredded Beef & Bell Pepper w/Linguine	洋葱豬柳意粉 Grilled Loin Pork in Onion Sauce w/Spaghetti	鮮茄燴肉片飯 Sliced Pork in Fresh Tomato Sauce with Rice	白菌汁魚柳紅米飯 Sauteed Fish Fillet in Mushroom Sauce w/Red Rice	淡咖喱雞球飯 Mild-Curry Chicken w/Rice
Meal B	馬蹄蒸肉餅飯 Steamed Water Chestnut & Minced Pork w/Rice	菇絲肉絲魚塊飯 Deep-fried Fish Fillet in Sweet Corn Sauce w/ Rice	乾炒牛肉米粉 Wok Fried Vermicelli w/Beef	西蘭花炒雞柳紅米飯 Stir-fried Chicken Fillet with Broccoli w/Red Rice	冬瓜豆腐炆肉片飯 Braised Sliced Pork with Winter Melon & Tofu w/Rice
Meal C	蜜桃咕嚕素雞飯 Sweet & Sour Vegetarian Chicken with Peach w/Rice	意式焗千層茄子配螺絲粉 Aubergine Parmigiana with Fusilli	青瓜炒鮮菌飯 Stir-fried Fresh Mushrooms & Cucumber w/Rice	Cauliflower Cheese Bake with Crushed Potato 芝士焗椰菜花配壓碎薯	乾燒伊麵 Stir-fried E-fu Noodles
Meal D	一哥厚切焗豬飯 Baked Thick Cut Pork Chop w/ Rice	芝士焗肉醬千層麵 Cheese-baked Beef Lasagna	夏威夷薄餅配香辣薯角 Hawaiian Pizza with Spicy Potato Wedges	金沙鹹蛋雞扒焗飯 Baked Rice w/Golden Salted Egg & Chicken Fillet	韓式豚肉拌飯 Korean Pork Bibimbap
Meal E	日式豬軟骨湯拉麵 Japanese Pork Cartilage w/Ramen	香煎豬扒牛尾湯通粉 Pork Chop w/Macarinii in Oxtail Soup	香茅豬扒魚卷湯米線 Soup Noodle w/Lemongrass Pork Chop & Fish Roll	日式唐揚炸雞球湯烏冬 Soup Udon w/Karaage Chicken	蘿蔔牛腩湯河粉 Soup Noodles w/Beef Brisket & White Radish

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Asia Pacific Catering

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Lunch Menu Dec 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
	14/12	15/12	16/12	17/12	18/12
Meal A	卡邦尼雞肉飯 Chicken Carbonara w/Rice	雜椒魚柳伴忌廉汁意粉 Fish Fillet & Mixed Ball Pepper w/Creamy Sauce w/Spaghetti	芝士吞拿魚燴長通粉 Penne w/Tuna in Cheese Sauce	白菌雞絲火腿燴意粉 Spaghetti w/Chicken,Ham & Mushroom Cream Sauce	意式肉醬扁意粉 Italian Bolognese Linguine
Meal B	西炒飯 Fried Tomato Rice w/Sauasge & Ham	黑椒薯仔牛肉紅米飯 Black Pepper Beef & Potato w/Red Rice	甜酸魚塊 Freid Fish w/Sweet & Sour Sauce	栗子炆雞球飯 Brasied Chestnut & Diced Chicken w/Rice	日式豬扒飯 Japanese-style Pork Chop w/Rice
Meal C	Vietnamese Dried Tofu with Fried Oil Noodle 越式豆乾炒麵	葡汁雜菜配紅米飯 Portuguese Style Sauce Mixed Vegetables w/ Red Rice	羅漢豆腐飯 Braised Mixed Vegetables & Tofu w/Rice	油浸番茄乾及水欖炒意粉 Stir Fried Sun Dried Tomato & Olive with Pasta	天多利椰菜花配飯 Tandoori Cauliflower w/Rice
Meal D	芝士肉醬焗意式吊鐘粉 Cheese-baked Bolognese Campanelle Pasta	香焗火雞胸配焗薯粒 Roast Turkey Breast with Roasted Potato Cubes (Christmas Special)	珍寶蔥油斯華力腸雞扒飯 Scallion w/Jumbo Cervelat Sausage & Chicken Fillet w/ Rice	韓式肥牛拌飯 Korean Beef Bibimbap	香濃咖喱雞飯 Curry Chicken w/Rice
Meal E	唐揚炸雞卡邦尼撈麵 Tossed Carbonara Noodles with Japanese Fried Chicken		魚腐餃子酸辣肉碎湯米線 Rice Vermicelli Soup w/Fish Tofu, Dumplings & Hot & Sour Minced Pork	瑞士雞翼撈麵 Tossed Noodles with Swiss-style Chicken Wings	日式肥牛豬骨湯烏冬 Japanese Style Pork Soup Udon w/Beef

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