

14<sup>th</sup> November, 2008

No. 016/08-09

Dear Parents,

### **CAS PROGRAMME 2009**

The College believes wholeheartedly in the benefit of community service and in travelling to other countries to help those less fortunate than ourselves and to experience cultures other than our own, so that students and teachers can appreciate how others think, live and study.

Over the last two years, we have visited Macau, China and performed service in and around Hong Kong and in Thailand, but for 2009, we want to expand such experiences and include trips that embody the cultural, as well as the sporting.

Trips of this nature benefit the students in so many ways, not the least in that it gives them a global view and a global perspective: two important aspects of life in the 21<sup>st</sup>. century.

Over a six-year period, students should experience a minimum of one service, one cultural and one sporting trip.

### **THE CAS PROGRAMME FOR 2009 (29<sup>th</sup> June – 6<sup>th</sup> July, 2009)**

#### **S1 Residential Centre**

<b>Tour No. 1</b>	<b>Treasure Island</b>
Destination	Lamma Island, Hong Kong
Objective	To build up and strengthen the bonds between the S1 students through various fun and action-packed activities such as archery, canoeing and rock climbing, etc. They will also develop skills of responsibility and self-dependence as for many of the students this will be the first time living away from home and from their parents.
Number of Students	All S1 students
Team Leader	Ms. Caroline Chan
Accompanying Staff	6 + team leader
Duration of Trip	3 days + half-day reflection
Mode of Travel	Coach and ferry
Accommodation	YWCA Centre – approximately 10 – 20 per room, segregated into girls and boys dorms
Estimated Cost	\$2,000 - \$2,300
Add'l Pocket Money	Optional

## **S2 & S3 OVERSEAS & HONG KONG-BASED TRIPS**

For these students, a much wider range of smaller-group trips has been arranged. It is hoped that students will take full advantage of the trips on offer.

Please take your time to look through the trips on offer. When you are ready, choose **up to three** you may be interested in and rank them in order of preference on the reply slip at the end of this letter, 1 being the trip you most want to do. If only one trip interests you, mark it with 1.

### **Overseas**

<b>Tour No. 2</b>	<b>Pattaya Orphanage Trip</b>
Destination	Pattaya, Thailand
Objective	Hands-on community service; to work, teach and play with the orphans and handicapped people who live and study at the orphanage, the drop-in centre and the shelter for homeless children. This is a very rewarding trip from which students will gain immense satisfaction and benefit.
Number of Students	18 – 24
Team Leader	Mr. Julian Harniess
Accompanying Staff	1 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	The Redemptorist Centre, Pattaya - excellent accommodation with three students to a room.
Estimated Cost P/P	\$5,500 - \$6,000
Add'l Pocket Money	Optional

<b>Tour No. 3</b>	<b>Khatmandu Orphanage</b>
Destination	Khatmandu, Nepal
Objective	To work with orphans in an orphanage just outside Khatmandu. This is an excellent chance to visit this ancient country and help those in need. There will also be a chance to experience the culture and do some sight-seeing.
Number of Students	20
Team Leader	Mr. Elvin Tao
Accompanying Staff	1 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	Khatmandu Guest House
Estimated Cost P/P	\$7,000 - \$8,000
Add'l Pocket Money	Optional

<b>Tour No. 4</b>	<b>Soccer Trip</b>
Destination	Singapore
Objective	To visit another South East Asian country similar to Hong Kong to interact with students from another country. Students will engage in competitive soccer games against opposition of a similar age. There will also be opportunities to visit cultural and tourist destinations for which Singapore is famous.
Number of Students	12 - 16
Team Leader	Mr. Dennis McAndrew
Accompanying Staff	1 + team leader
Duration of Trip	5 days
Mode of Travel	Plane and coach
Accommodation	3-star hotel in the centre of Singapore
Estimated Cost P/P	\$5,000 - \$5,500
Add'l Pocket Money	Optional

<b>Tour No. 5</b>	<b>Chiang Rai Trip</b>
Destination	Chiang Rai, Thailand
Objective	Hands-on community service. They will be working alongside Burmese Shan students (in a local school and cultural / handicraft centre). This will include constructing dormitories, libraries and nurseries through to re painting and teaching English. This is a very rewarding trip from which students will gain immense satisfaction and benefit.
Number of Students	18 - 24
Team Leader	Mr. Raymond Lazanyi
Accompanying Staff	1 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	The Mae Kok River Village Resort, Ban Thaton - excellent accommodation with three students to a room.
Estimated Cost P/P	\$7,500 - \$8,000
Add'l Pocket Money	Optional

<b>Tour No. 6</b>	<b>Diving Trip</b>
Destination	Philippines
Objective	To provide a beginner's diving course for interested students in the hope of providing a life-long hobby that is environmentally-friendly; to learn to protect and respect the environment and to bond with peers; to visit and understand the livelihood of the local people and offer community service where possible.
Number of Students	20
Team Leader	Mr. Leo Cheng
Accompanying Staff	2 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	Diving resort
Estimated Cost P/P	\$7,500 - \$8,500
Add'l Pocket Money	Optional

<b>Tour No. 7</b>	<b>Huangshan</b>
Destination	Huangshan, China
Objective	To develop a deeper cultural understanding of China; to visit famous historical heritage sites in China and learn local traditional customs (e.g. ink pressing); to visit and understand the livelihoods of local residents and offer community service where possible; to interact with local residents and engage in cultural exchange. Students will also find out the extent of globalisation in different places in China.
Number of Students	20 - 25
Team Leader	Mr. Dereck Wong
Accompanying Staff	2 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	Youth hostel or hotel
Estimated Cost P/P	\$4,500 - \$5,500
Add'l Pocket Money	Optional

<b>Tour No. 8</b>	<b>Nanjing</b>
Destination	Nanjing, China
Objective	To develop a deeper cultural understanding of China; to visit famous historical heritage sites in China and learn local traditional customs (e.g. ink pressing); to visit and understand the livelihoods of local residents and offer community service where possible; to interact with local residents and engage in cultural exchange. Students will also find out the extent of globalisation in different places in China.
Number of Students	20 - 25
Team Leader	Mr. Sydney Wong
Accompanying Staff	2 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	Youth hostel or hotel
Estimated Cost P/P	\$4,500 - \$5,500
Add'l Pocket Money	Optional

<b>Tour No. 9</b>	<b>Shanghai</b>
Destination	Shanghai, China
Objective	To develop a deeper cultural understanding of China; to visit famous historical heritage sites in China and learn local traditional customs (e.g. ink pressing); to visit and understand the livelihoods of local residents and offer community service where possible; to interact with local residents and engage in cultural exchange. Students will also find out the extent of globalisation in different places in China.
Number of Students	20 - 25
Team Leader	Mr. Jeff Sze

Accompanying Staff	2 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	Youth hostel or hotel
Estimated Cost P/P	\$4,500 - \$5,500
Add'l Pocket Money	Optional

<b>Tour No. 10</b>	<b>Ningpo</b>
Destination	Ningpo, China
Objective	To develop a deeper cultural understanding of China; to visit famous historical heritage sites in China and learn local traditional customs (e.g. ink pressing); to visit and understand the livelihoods of local residents and offer community service where possible; to interact with local residents and engage in cultural exchange. Students will also find out the extent of globalisation in different places in China.
Number of Students	20 - 25
Team Leader	Ms. Susanna Chan
Accompanying Staff	2 + team leader
Duration of Trip	7 days
Mode of Travel	Plane and coach
Accommodation	Youth hostel or hotel
Estimated Cost P/P	\$4,500 - \$5,500
Add'l Pocket Money	Optional

<b>Tour No. 11</b>	<b>Guizhou Ethnic Minority School Visit</b>
Destination	Guizhou, China
Objective	To promote leadership, cultural exchange and understanding between students and ethnic minorities, namely the Dong and Mao, of China. Students will take up the role of English ambassadors in Mao and Dong ethnic minority schools in the Guizhou and Guangxi region, where English is being taught. They will teach, lead small group discussions and activities to help improve and motivate local students. Students will also have a chance to sightsee historical villages, hike through lush rice terraces and enjoy ethnic dance and song shows at night to enhance their application and understanding of the local life and customs of the Dong and Mao
Number of Students	16 - 20
Team Leader	Ms. Wanda Huang
Accompanying Staff	1 + team leader
Duration of Trip	6 days
Mode of Travel	Train and coach
Accommodation	Home-stay hostels in SanJiang Guangxi and LangDe Guizhou - basic clean rooms with two to three students to a room
Estimated Cost P/P	\$4,000 - \$5,000
Add'l Pocket Money	Optional

<b>Tour No. 12</b>	<b>Yangshuo</b>
Destination	Yangshuo, China
Objective	Community service fundraising activity support and organisation. Other activities - Moon Hill hike, Kayaking, fan painting, cormorant fishing, mountain biking, caving, bamboo raft building, Chinese cooking, great race, etc
Number of Students	A large number can be accommodated
Team Leader	To be confirmed - run by a professional educational excursion company
Accompanying Staff	To be confirmed - current staff to student ratio 1:8 (from organiser)
Duration of Trip	6 days
Mode of Travel	Transportation within China included in price; overnight on sleeper trains from Shenzhen.
Accommodation	Hotel accommodation in town or country
Estimated Cost P/P	\$7,000 - \$7,800
Add'l Pocket Money	Optional

<b>Tour No. 13</b>	<b>Cultural Exchange Tour</b>
Destination	Beijing
Objective	A cultural visit to this vibrant capital of China to enhance students' understanding of the change and development in Beijing. Visits will include the Olympic stadium and historical buildings like the Forbidden Palace. The trip will nurture the sense of belonging to their motherland
Number of Students	15 - 20
Team Leader	Ms. Phoebe Lam
Accompanying Staff	1 + team leader
Duration of Trip	6 days
Mode of Travel	Plane and coach
Accommodation	Local hotel or university
Estimated Cost P/P	\$5,500 - \$7,000
Add'l Pocket Money	Optional

<b>Tour No. 14</b>	<b>Cultural Trip to Shanghai</b>
Destination	Shanghai
Objective	Experience Shanghai culture by visiting main tourist sites in Shanghai; learn about the specialties of this modern city and understanding the similarity and differences between Shanghai and Hong Kong; improve Mandarin; enjoy a cultural exchange with Famous Shanghai Yu Jiahui Middle School, experiencing the study lives of mainland students; visit Shanghai Orphanage, playing with orphans and teaching them English; understanding the importance of protecting historical heritage by visiting Zhou Village, the famous ancient canal town in China, etc.
Number of Students	12 – 16
Team Leader	Ms. Joyce Yang
Accompanying Staff	1 + team leader
Duration of Trip	6 days

Mode of Travel	Plane and coach
Accommodation	Hotel of Fu Dan University
Estimated Cost P/P	\$5,500 - \$7,000
Add'l Pocket Money	Optional

### **Hong Kong-Based Activities**

<b>Tour No. 15</b>	<b>Green Extreme</b>
Objective	Mountain biking, Kayaking, canyoning, teambuilding games, Great Race, hiking, beach clean-up, bouldering, beach games, swimming, etc. ** Please note final activities may change due to weather conditions, safety concerns and other considerations.
Number of Students	30 - 40
Team Leader	To be confirmed / run by a professional educational excursion company
Accompanying Staff	To be confirmed, current staff to student ratio 1:8 (from organiser)
Duration of Trip	5-day camp (three day trips and one overnight)
Mode of Travel	All transportation once on location is included.
Accommodation	Combination tented camp and youth camp - Students provide own lunches Monday to Thursday. Meals from Thursday dinner through to Friday lunch, water refills and snacks will be provided.
Estimated Cost P/P	\$2,500 - \$3,000
Add'l Pocket Money	Optional

<b>Tour No. 16</b>	<b>Sea and Sun</b>
Objective	Junk boat trip, snorkeling, surfing and body boarding, gorge hike and canyoning, kayaking, overnight beach camping and camp craft. ** Please note final activities may change due to weather conditions, safety concerns and other considerations.
Number of Students	A large number can be accommodated
Team Leader	To be confirmed / run by a professional educational excursion company
Accompanying Staff	To be confirmed, current staff to student ratio 1:8 (from organiser)
Duration of Trip	5 days / 4 nights residential camp
Mode of Travel	All transportation from school included. Meeting/ Dismissal Points – HKUGA College
Accommodation	Combination tented camp and youth camp - Students must provide their own packed lunch on the first day. All other meals, snacks and water refills will be provided.
Estimated Cost P/P	\$3,400 - \$3,800
Add'l Pocket Money	Optional

<b>Tour No. 17</b>	<b>Discover Hong Kong</b>
Objective	Students will spend a fascinating, enriching and incredibly value-for-money week exploring the huge variety of Eastern and Western cultural forms here in Hong Kong on their own doorstep through visits, workshops, performances and research, from a range possibly including: Jockey Club Creative Arts Centre (Shek Kip Mei); HK Heritage Museum (Shatin); HK Chinese Orchestra Workshop; HK Arts Museum Visit; HK Film Archive (Sai Wan Ho); HK Cultural Centre Backstage Tour (TST); HK Academy of Performing Arts Backstage Tour (Wanchai); HK Chinese Dance Company Workshop/Performance
Number of Students	26 - 36
Team Leader	Mrs. Fiona Pearson & Mr. Steven Hirst
Accompanying Staff	2 - 3
Duration of Trip	5 days
Mode of Travel	Coach
Accommodation	Not applicable
Estimated Cost P/P *	\$500 - \$600 that covers all travel and entry fees to museums and or workshops
Add'l Pocket Money	Optional

We anticipate that many of these trips will be very popular, but inevitably there are a limited number of places on each trip. It is therefore wise to get your return slip in as early as possible, accompanied by your deposit, which is refundable until flights and hotel bookings have been finalised.

Each trip that is over-subscribed will open up a reserve list. If this year is successful, we hope that this will be the start of an ever-growing list of CAS experiences that students will be able to enjoy in the future.

Please return the completed reply slip to your Class Tutor, together with a cheque for deposit, **by Tuesday, 25<sup>th</sup> November, 2008.**

If you have any queries, please contact Mr. Julian Harniess, CAS Coordinator, via email: [julian.harniess@hkugac.edu.hk](mailto:julian.harniess@hkugac.edu.hk).

Yours sincerely,

Dennis K. W. Chan  
Principal

Reply Slip

I enclose cheque No. \_\_\_\_\_ drawn on \_\_\_\_\_ (name of bank) for \$1,500, made payable to “**HKUGA College**” as deposit for the trip.

**\* For Tour No. 16 – Discover Hong Kong – Please make out a cheque payable to “HKUGA College” for \$300 as deposit.**

<b>FOR S2 &amp; S3 STUDENTS ONLY</b>			
<b>Please choose up to three trips your child may be interested in joining and then rank them in order of preference (1 being the most wanted). If your child is only interested in one trip, mark it with 1.</b>			
Choice of Trips	Tour No.	Tour Name	Cost
1			
2			
3			

Student Name : \_\_\_\_\_ Class: \_\_\_\_\_ ( )

Parent's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date : \_\_\_\_\_